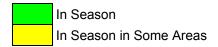
## **Vegetable Seasonal Chart for Minimizing Food Storage Cost**

Yogurt Drops and Vacuum Pumps

http://FreezeDriedMarshmallows.com

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Cabbages												
Carrots												
Celery												
Leeks												
Cauliflower												
Broccoli												
Asparagus												
Lettuce												
Zucchini												
Rhubarb												
Artichokes												
Asparagus												
Spring Peas												
Okra												
Corn												
Cucumbers												
Tomatoes												
Summer Squash												
Green Beans												
Eggplant												
Pumpkins												
Spinach												
Winter Squash												
Sweet Potatoes												
Mushrooms												
Avacado												
Beets												



## **Fruit Seasonal Chart for Minimizing Food Storage Cost**

Yogurt Drops and Vacuum Pumps

http://FreezeDriedMarshmallows.com

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Oranges												
Grapefruit												
Tangerines												
Tengelos												
Lemons												
Papayas												
Pineapples												
Mangoes												
Cherries												
Apricots												
Watermelon												
Strawberries												
Cantaloupe												
Cherries												
Blueberries												
Peaches												
Blackberries												
Kiwi												
Raspberries												
Plums												
Grapes												
Pomegranates												
Cranberries												
Apples												
Pears												
Figs												
Nectarines												

